

25 NEW Things You Can Do to Meet Single Men

1. Get out of your house and do anything. Take a walk, go shopping, take a sailing class, go to the dog park...
2. Get girlie; buy a new pretty dress or maybe a new bra.
3. Start noticing the men around you and make eye contact...5 seconds...smile! (That's the simple trick!) Start with the married guys if it's easier for practice.
4. Ask five friends to start looking for appropriate men for you to date, give them your must-haves, and follow-up.
5. Get online with a great profile and pictures.
6. Don't travel in packs.
7. Ask your closest friends to list the things they like and admire about you, then believe them!
8. Learn from every experience – about men and about yourself.
9. Ask your male friends to tell you what they think women don't know about men, but should.
10. Ask your single male friends to list 3 things women do when they meet men (in person or online) that they find attractive and that turns them off.
11. Be willing to date men who are different than your usual “type.”
12. Once a week tell someone new that you are trying to find your dream man.
13. Call a man who “got away” or that you have thought about seeing again. (It's okay if he's no longer available; worst case is that he'll be flattered and you can celebrate your courage.)
14. For every man you meet, practice kindness and self-awareness as you get to know him.

15. If you like him, but don't feel chemistry, go on a second, even third date. Remember that this initial feeling is often more about making quick judgments, not thinking like a grownup and/or not practicing kindness.
16. Sign up for a seminar and buy a book to help you learn more about how men think and feel.
17. Go somewhere as a male friend's date. Make sure he tells everyone that "you're terrific, but you're just buddies."
18. Try 30 days on a popular online dating site. I recommend sites that require some payment; it's best to have some skin in the game (for you and the men you're going to meet).
19. Finally do the things you've been putting off that are good for you: seek out a spiritual leader, coaching, self-improvement opportunities, or charitable organizations. Sign up, go, and get involved.
20. Create a vision board that represents your dreams around dating and finding a mate. Don't limit it to being about your dream man; be sure to include images and descriptions of yourself, your experience, and your relationship.
21. Take items from your lists of what you love about yourself and what you are looking for, put them on sticky notes, and then put them around your house.
22. After any substantial phone conversation or date, take a few minutes to write down what you've learned about the man, yourself, or dating in general.
23. Make a list of three things you want to know about a man by the end of a date. This isn't about interviewing him; it's about forcing yourself to pay attention to the individual sitting in front of you. Think eye color, what he likes to eat or drink, how many times smiled at you, whether he has good manners, or how he might have complimented you.
24. Talk to the happily married couples about their courtship and the development of their relationship. Look for nuggets that will help you find and sustain love.
25. Just be yourself and go out and have some fun!