

**Anne's profile (age 68)**

Headline: I'm not retired. I re-energized.

I had a "previous life" in Washington, DC, and it was wonderful. My career allowed me to make a difference in the world and get paid for it. I thought it didn't get much better than that. But it definitely did! Now that I'm retired there is absolutely no place I'd rather be than Colorado.

I'm a volunteer U.S. Forest Service ranger, and that suits me. I get to ride my horse on the trails, chat with hikers and most of all, I get to be outdoors.

I also love to travel. I visited Croatia this year, which was beautiful and tiring and everything a long trip should be. Last year I traveled to Africa. The animals were amazing so I took 3,000 photos (yikes).

At home I go to theater performances, take classes, watch football and have friends over for delicious meals. (I have a lot of fun tending my vegetable garden and cooking. I'd love to whip up your favorite dish. Is chocolate involved?)

Recharging my battery is something I do need to do. Relaxing with a good book (my Kindle is never too far away), watching a video, just being quiet...cuddling...that is also time well spent.

I'm active and friendly, curious and confident, and I've built a pretty good life. It would just be great to share it with a partner.

The man who will curl my toes will have achieved much, but he still wants to do more. He's curious enough to take a class with me, sharp enough to engage in friendly discussion of current events and progressive politics, fit enough to hike, travel and explore with me (how about Costa Rica?), and friendly enough to share entertaining with friends. And I hope he'll have an open heart and hold my hand, even when we're walking in a parking lot. Does this sound good to you? Say hi.

**Beth's Profile (age 41)**

Headline: Everyone talks about a walk on the beach. Let's not walk...let's run.

I'm a Steelers fan in cowboy country. I'm not sure how that happened but I'm loving it here. I need to be near water as frequently as possible though. When I lived in Pittsburg I once got in my car and drove 7 hours to the Jersey Shore. I stayed three hours and drove back. Now I have to fly...I'm not loving that part.

I'm equally at my best when I'm relaxing and when I'm physical. That sound like a contradiction? It's really not. I love testing my strength; whether it be through Yoga (those pretzel-like poses are fun but not as easy as they look) or through one of my great passions: running.

Running is freedom to me. I take my shoes wherever I go. When I run marathons I figure I always win. My time never matters; it's that I cross the finish line.

And then there's hitting my reset button. I can sit on my porch in my jammies on a Sunday morning until noon. Then maybe I'll have a massage. That's how I remain calm, centered, grounded and focused; which is important in reaching my goals and having great relationships.

Showing kindness and making real connections with people means way more to me than things. The man who shares that balance of people, peace and adventure with me gets a partner who listens and generates positive energy in the relationship. He knows he will feel loved and accepted just the way he is. And he will laugh. A lot. (With me, at me...it's all fun.)

As a pretty easy going, open-minded and on-the-go woman, a man who appreciates these qualities and shares them with me will definitely get my (very positive) attention.

It's pretty simple really, you know and like who you are and you are 100% ready to share your life with the right partner. Just like Me. Get in touch!

**Jill's profile (age 53)**

The gourmet meals I whip up usually include some fresh spice and dark chocolate. Cooking is a passion for me because, on top of creating fantastic food, it's a great excuse to bring good friends together to laugh and play.

You'll find me terrifically stable, but also spontaneous. (Yes, they co-exist nicely.) That means I take care of business, but I don't always follow a plan. I'm generally up for anything. I can roam aimlessly just about anywhere. We can be local or somewhere across the world and I will love taking in the sounds, tastes, textures and smells. It's always fun to just let things happen and see things unfold. Especially with someone who is loving it as much as I, right there with me.

Things I like: A good sense of humor, the deck of a boat as the sun sets, curious minds, dark comedy, intelligence, kindness, bodies of water, books, art, new york /NJ, optimism, realism, high design hotels and good room service, staying young heart, real people, plane tickets, honesty, trust and love.

My life is great, but it would be so much more delicious with the right man by my side. Together we would celebrate each other (kindness to each other is always a must) and weave together our full lives, open hearts and imaginations of our fun and passion-filled future. Does any of this sound good to you? Get in touch.

**Sandra's profile (age 48)**

Instead of looking at a screen right now, we could be gazing at a lake somewhere in the Berkshires, on a bike trail, or hiking in the forest or on a mountain peak. Or maybe talking about the movie we saw together, the gallery we visited, the latest swipe to our social safety net, or the meal we shared with the ingredients that we just can't put our finger on.

Maybe then, after a day of being outside playing, we could relax by a fire with a glass of wine, have dinner and conversation alone or with friends – or maybe a night of live music or dancing. (That can be relaxing in it's own way.)

Kindness and affection go a long way with me. I enjoy hosting parties and spending time with good friends. I regularly bend my body into strange yoga shapes that slow me down and help me feel my body. And I work too, of course. I'm a psychotherapist. it's very cool to help people heal so they can move on to a better life. Pretty rewarding stuff.

So I guess you could say that I'm energetic, curious and outgoing...with a good balance of being responsible. enjoying life and enjoying people.

I think I click best with people who are somewhat similar. I'm looking to meet the kind of guy who is fit enough to join me on a long hike, sharp enough to introduce new things into my life, open enough to share his opinions, gentle enough to hold my hand even and share a lovely PDA here and there...and confident enough to read this and dive right in. That's you, right? Say hi.

**Diana's profile (age 58)**

I can swing a hammer, handle a snake, zipline and play golf badly. I think the bits of the tomboy that are still in me feed this side. But there's a lot more to me than that. I'm a traditional and sophisticated lady who loves to have fun and let loose.

I love live music, and find it hard to sit still at a concert (especially jazz or rock). I'll yell and scream in support of the home team whether we're watching sports on the big screen or better yet, at the game.

My greatest accomplishment in life is having raised three wonderful kids who are now grown. They are making me proud and building exciting lives of their own. They're scattered in various parts of the country which means I always have an excuse to travel — not that I've ever needed an excuse. I've traveled extensively, and look forward to doing a lot more with the right partner. (Do you have any particular destinations on your bucket list?)

My less tomboyish side gives friendship and affection freely. I'm the friend who lends a literal shoulder to cry on and picks you up at the airport no matter what time it is. There is also my love of entertaining and the arts, and sharing time in front of a roaring fireplace. Combine that with the right man and a setting with clean air and a beautiful view, and we have my perfect portrait of an intimate and lovely evening.

You understand that being bold and gentle, daring and kind can all co-exist. You have created some security and success in your life, but that doesn't define you...you know there is so much more. Maybe you haven't traveled the world, but you're open to starting as soon as you find the right woman to do it with.

I know and love that you are a real man and won't try to fit you into any fantasy. You are someone who will take my hand at a beautiful sight and hold it through a long flight. (Rhyming unintentional.) You know when all I need is a shoulder to lean on and strong arms to hold me.

So that's me: outgoing, adventurous, family-loving and passionate. And looking forward to adding a wonderful man to all that. If that's you...let's talk. Drop a note...say "hi!"